



# Simsbury Police Department

933 Hopmeadow Street

Simsbury, CT 06070



NICHOLAS J. BOULTER  
CHIEF OF POLICE

## Letter to Applicant:

July 2020 Entry Level Police Officer

Thank you for expressing an interest in working for the Simsbury Police Department. Applications for the current vacancy announcement for entry level police officer (July 10, 2020 – August 21, 2020) will only be accepted on-line through PoliceApp.com from non-certified applicants who successfully passed the Connecticut Chiefs of Police Association (CPCA) written testing process.

A Police Officer in the Town of Simsbury represents the Simsbury Police Department and performs duties affecting safety and security of the community. The process of selecting people for employment as Police Officers is extremely important and includes several steps. The process is described below. Please read through the entire description. It includes valuable information describing what will be required of you during this process.

### **Application**

Your application will be reviewed to insure that you have met the minimum requirements. Candidates will be notified, via e-mail, of the receipt of their application. Applicants may reapply during any future vacancy announcements.

### **Physical Agility Assessment**

The Town of Simsbury requires all non-certified applicants to pass the **50<sup>th</sup> percentile** agility standards prior to an oral board examination. The agility is conducted by Complete Health & Injury Prevention, Inc. (CHIP, Inc.) **and it is the candidate's responsibility to provide a copy of their valid CHIP card when the oral board examination is scheduled.**

To participate in the agility examination, candidates must register with CHIP, Inc. To obtain the necessary paperwork, you can call CHIP, Inc. at (203) 235-5865 or access their website at <http://www.chip-inc.com/certification/default.asp>. Please be aware that as you continue in our selection process, you may be required to take the physical agility examination more than once (there is no cost for subsequent agility tests). It is a Police Officers Standards and Training Council (POSTC) requirement that candidates pass the physical agility test within 30 days of the start of the academy. We

recommend that you continue to practice the four basic agility tests. The agility examination consists of four basic tests:

Test 1      1 Minute Sit Up Test – This is a measure of the muscular endurance of the abdominal muscles and core area. Sit ups are done with bent legs and hands alongside the ears. The score is the number of correctly performed sit ups in one (1) minute.

Test 2      The 300 Meter Run – This is a measure of the anaerobic power and sprinting ability. The test is conducted on a suitable running surface/track. The score is measured in the number of seconds necessary to complete the 300 meter distance.

Test 3      1 Minute Pushup Test – This is a measure of absolute strength of the muscles of the upper body. Pushups start in the up position (flat back and arms fully extended). The candidate lowers their body to approximately four inches from the ground without touching/bending their knees. Without touching knees, the candidate then fully extends arms into the up position. The score is the number of correctly performed pushups in one minute.

Test 4      1.5 Mile Run – This is a measure of the cardiovascular capability of the runner. The test is conducted on a suitable oval running track. The score is the minutes and seconds necessary to complete the 1.5 mile distance.

Minimum scores for employment as a police officer using the 50<sup>th</sup> percentile of the Cooper Standards

	ONE MINUTE	SECONDS	ONE MINUTE	
MALE	SIT UPS	300 MTR SPRINT	PUSH UPS	RUN
20-29	40	56	33	11:58
30-39	36	57	27	12:24
40-49	31	67.6	21	13:12
50-59	26	80	15	14:23
FEMALE	SIT UPS	300 MTR SPRINT	PUSH UPS	RUN
20-29	35	64	18	14:04
30-39	27	74	14	14:34
40-49	22	86	11	15:34
50-59	17	N/A	N/A	17:19

***As of 07/10/2020, the next scheduled C.H.I.P. test is July 22, 2020.***

### **Written Examination**

The written test for non-certified entry level applicants is administered by CPCA. Candidates who took the CPCA written test within 26 weeks of the application deadline may apply if they meet all application requirements. CPCA written test information can be obtained through the PoliceApp.com website at <https://www.policeapp.com/Police-Associations/CPCA-Consortium/>. As of July 10, 2020, there is a CPCA written examination scheduled online on July 25, 2020.

### **Oral Panel Examination**

Selected applicants passing the written exam may be invited to participate in an oral panel examination. Not everyone who passes the written examination is invited to participate in the oral examination. Candidates may be placed on an eligibility list and may be asked to continue with the next step of the process. All others who passed the written examination will be placed on a list and they may be considered again during the year if any vacancies for Police Officer occur.

### **Background Investigation**

The Police Department will conduct a thorough background investigation on those candidates who passed the written and oral examinations and are selected by the Chief of Police to continue in the process. Background investigations will include a polygraph, psychological and physical examination as well as verifying work, school and personal references, military and police records, a credit check, obtaining information on a candidate as an applicant to other police departments and other sources as necessary. Rejection from a police hiring process in another community may be the basis for disqualification in this process. Participation in illegal activities, including narcotics use, will be investigated regardless of whether those activities resulted in conviction of a crime. The Chief of Police has the discretion to hire anyone from within the eligible group who is not disqualified based on background or other test results.

### **Medical Examination**

A post-offer physical examination, including drug testing, will be required of finalists. A post-offer polygraph and psychological evaluation is also required.

### **Additional Information**

The testing and selection process may take between 4 and 6 months. Eligible candidates may remain on a list for at least one year. Applicants may reapply for any future applications.

If you have any questions about this process please contact Lieutenant Fred Sifodaskalakis at (860) 658-3107.