



100 COMMONS WAY BRIDGEWATER, NEW JERSEY 08807-2801 • 908-722-4111

**Bridgewater
Police
Department**

Dear Applicant:

On, Sunday, September 7th 2025 you will be given a physical qualification test. A passing score on the physical test must be achieved in order to advance in the Bridgewater Township Police Department employment process.

Test attire will consist of a plain t-shirt, running shorts or sweat pants and an appropriate pair of running/gym shoes.

The test will be administered at the Raritan Valley Community College (RVCC) located at 118 Lamington Road, Branchburg, NJ 08876. Registration will begin at 9:00 am and 11:00 am.

Please bring your driver's license for registration. Late arrival will remove you from the process.

See the attached map which details where to park upon arrival at the RVCC.

Attached you will find;

1. Liability Release Form
2. Emergency Contact Sheet
3. Indemnification Agreement

All items must be completely filled out and handed in at the start of the testing. Failure to have these documents may preclude you from participation, thereby removing you from the applicant screening process.

Our experience has shown us that many applicants are nervous just before a test. To properly prepare yourself for the physical qualification test you should eat properly and hydrate adequately the day before. Ensure you get enough sleep as well. You must bring an adequate amount of water, a labeled backpack or item to carry your keys, identification, and other personal items.

If you have asthma or any other medical condition and are prescribed a medication/medical device (emergency inhaler, etc.), you must have that item with you in order to participate in this assessment test.

Please read the following statements and sign below, acknowledging you understand:

I understand that I am taking this test on a voluntary basis. I understand that if I experience any pain or discomfort during the testing process, I should stop the testing process and advise one of the test administrators.

Applicant Signature

Print Name

Address

Revised: 060822DT

Law Enforcement Physical Qualification Test Liability Release

Applicant Name: _____ SSN: _____

Sex: _____ Age: _____ DOB: _____

Law Enforcement agency testing for: Bridgewater Township Police Department

The Bridgewater Township Police Department wishes to inform you of the following prior to your participation in today's physical qualification test.

1. Your participation in this Physical Qualification Test is completely voluntary. However, if you choose not to participate in some or all events of this process, you will be removed from this law enforcement selection process.
2. Your health and well being are very important to this agency. You must demonstrate a level of common sense as it relates to this testing process. Do not push yourself beyond your capabilities.
3. If you feel any tightness in your chest, difficulty breathing, severe headache or other physiological discomfort you are being advised to stop your activity and immediately notify an officer. Additionally, if you experience a pull, strain, or suspected sprain of any body area, or experience any other unusual physiological discomfort you are being advised to stop your activity and immediately notify an officer.
4. This qualification test is used as an applicant screening tool. In that regard you should do your personal best with regards to each activity.
5. You will be ranked as per your demonstrated physical condition as measured by the physical qualification test scoring guide. Only the applicants that pass the physical qualification test will be moving forward to the next phase of the applicant screening process.
6. By my signature below, I certify that I am aware that this screening process is voluntary. I understand that should I experience any physiological discomfort, I should stop the activity and notify an Assessment Official. I state that I am physically able and willing to participate in this physical qualification test. I certify that I have no physical limitations or medical concerns that would preclude my participation in today's test and I have been made aware of all the events in which I am being testing. I acknowledge that based upon my performance I will be ranked against others also participating in this applicant screening activity. Finally, I understand that only a selected number of applicants may be advancing to the next step of the applicant screening process.

Applicant Signature: _____ Date: _____ Time: _____

Witness Printed Name: _____

Witness Signature: _____ Date: _____

Witness Contact Number: _____

EMERGENCY CONTACT INFORMATION

Name: _____ Age: _____

List two (2) emergency contacts that are available to receive a telephone call and/or respond to the hospital if necessary:

1. Name: _____ Relationship: _____

Cell Phone: _____

Daytime Phone: _____

Current Location: _____
(Home or Work Address)

Does this person know you are taking the PT Assessment today? _____

1. Name: _____ Relationship: _____

Cell Phone: _____

Daytime Phone: _____

Current Location: _____
(Home or Work Address)

Does this person know you are taking the PT Assessment today? _____

MEDICAL INFORMATION

Are you currently on any medications? _____

If so, what medication? _____

Did you take it today? _____

Do you have health concerns that we should be aware of? _____

If so, what? _____

If you require an emergency inhaler (or other medical device), do you have it with you today? Yes No
(A "No" response may remove you from this testing process.)

Do you have any allergies? _____

How are you feeling today? _____



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*Bridgewater
Police
Department*

INDEMNIFICATION AND RELEASE AGREEMENT

THIS AGREEMENT, entered on September 7th, 2025, between the Bridgewater Township Police Department (hereinafter "Township") and _____ (hereinafter "Candidate").

WHEREAS, as a condition of administering the physical qualification test for the undersigned candidate, the candidate has agreed to indemnify and hold the Township and the Raritan Valley Community College (RVCC), harmless from any liability for property damage or physical harm incurred by the candidate during the testing process.

NOW, THEREFORE, IT IS AGREED between the parties as follows:

1. The undersigned Candidate agrees to assume all risk and responsibility for personal injury or property damage sustained by the Candidate during any portion of the administration of the physical qualification test as described above which in any way involved the Township and/or the RVCC. Additionally, the undersigned Candidate agrees to assume all risk of responsibility for any injury or property damage incurred by the Candidate during the physical qualification test and to reimburse or indemnify, defend and save harmless the Township and/or the RVCC from and against any and all claims, demands, suits, actions, recoveries, judgements, costs, and expenses in connection therewith which are brought or obtained on account of the loss of life, property or injury or damage to the person or property of any person which shall be due to, or arise out of, result from, or be in any way connected with the administration and conduct of the physical qualification test.

2. Additionally, the undersigned Candidate agrees on behalf of him/herself, his/her heirs, dependents or personal representatives, to release and relinquish any causes of action or claims which he/she may have against the Township or its employees for any personal injury or property damage, including but not limited to all actions, causes of actions, claims, demands, judgements, executions, debts, costs of litigation and attorney's fee of every kind and nature whatsoever which may in any way arise or result to the undersigned during the course of the physical qualification test and conduct of the physical qualification test as described above.

Candidate Signature: _____

Candidate Name (Print): _____

Date: _____